

RTFORDSHIRE COUNTY AAA – CROSS-COUNTRY CHAMPIONSHIPS

SUNDAY 5TH JANUARY 2003 AT FAIRLANDS VALLEY, STEVENAGE

SENIOR MEN – 12000m

1	M Normington	Watford H	37:06
2	W Dee	Shaftesbury BH	37:09
3	J Critchlow	Watford H	37:19
4	N Miller	Bedford	37:38
5	M Jubb	St Albans Striders	37:38
6	N Hall	Herts Ph	37:49
7	R Slack	Dacorum & T	38:16
8	A Bowden	Harrow	38:31
9	A Murphy	Shaftesbury BH	39:19
10	T Woodthorpe	Notts	39:26
11	S Pullan	St Albans Striders	39:32
12	M Adcock	Watford H	39:49
13	B Gristwood	Ealing & S	40:08
14	C Wood	Watford H	40:23
15	A Holt	Herts Ph	40:44
16	A Cross	Herts Ph	41:24
17	S Livingstone	Garden City R	41:30
18	T May	Dacorum & T	41:33
19	B Judge	Garden City R	41:48
20	D Clynes	Fairlands VS	41:54
21	S Lowe	Watford H	42:07
22	S Tooke	Watford H	42:13
23	S Wells	Fairlands VS	42:21
24	P Allen	Dacorum & T	42:28
25	G May	Fairlands VS	42:36
26	A Slack	Herts Phoenix	42:40
27	K Ferry	N Herts RR	42:40
28	N Harris	Watford Harriers	42:44
29	S Claridge	St Albans Striders	42:45
30	M Arnold	Dacorum & T	43:08
31	N Morrison	Herts Ph	43:11
32	S Hunt	Harrow	43:21
33	M Bradley	Watford H	43:26
34	A Forster	Fairlands VS	43:33
35	M Hallissey	Dacorum & T	43:55
36	D Brown	Fairlands VS	43:57
37	M Ansfield	N Herts RR	43:57
38	M Rahim	Harrow	44:15
39	D Sullivan	Ware Joggers	44:20
40	S Clars	St Albans Striders	44:25
41	R Derrick	St Albans Striders	44:30
42	D Bullock	Shaftesbury BH	44:34
43	P Illing	Watford H	44:41
44	J Jones	St Albans Striders	44:47
45	G Tofts	Royston Runners	44:52
46	A Wasdell	St Albans Striders	44:54
47	S Williams	Garden City R	45:04
48	C Taylor	Watford Joggers	45:11
49	T Smith	Fairlands VS	45:18
50	N Cord	Garden City R	45:23
51	A Laycock	Fairlands VS	45:25
52	A Crosby	Garden City R	45:29
53	J Collie	Watford Harriers	45:29
54	L Wells	Enfield & H	45:40

55	G Cook	N Herts RR	45:41
56	R Lowden	Royston Runners	46:35
57	R Harbon	N Herts RR	46:44
58	S Mann	Herts Ph	46:47
59	B Barnaby	St Albans Striders	46:52
60	A Tant	Ware Joggers	46:54
61	A Robins	St Albans Striders	46:59
62	A Stedman	Herts Ph	47:06
63	I Owens	N Herts RR	47:07
64	D Meaney	Dacorum & T	47:22
65	K MacDonald	Watford Harriers	47:35
66	R Foskett	Herts Ph	47:40
67	D Johnson	Garden City R	47:41
68	M Collins	Fairlands VS	47:43
69	D Harkins	N Herts RR	47:58
70	S Bowen	Garden City R	48:02
71	G Mayoh	Watford Harriers	48:03
72	A Newbury	Garden City R	48:04
73	S McKeown	N Herts RR	48:06
74	J Brown	Fairlands VS	48:16
75	D Edwards	Garden City J	48:36
76	M Grimsdale	Watford Harriers	48:41
77	T Woolridge	Watford Joggers	48:45
78	J Steed	Herts Ph	48:47
79	P Green	Royston R	48:51
80	R Maxwell	Watford Joggers	48:54
81	S Doyle	Herts Ph	48:57
82	G Clarke	St Albans Striders	48:57
83	D Gifford	N Herts RR	49:04
84	P Calthorpe	St Albans Striders	49:05
85	R Bloom	Herts Ph	49:15
86	D Hooker	Fairlands VS	49:21
87	G Miller	Royston Runners	49:22
88	D Eaton	Fairlands VS	49:42
89	C Hamlett	Watford Harriers	50:07
90	J Kelly	Shaftesbury BH	50:14
91	K Perry	Fairlands VS	50:14
92	P Medlicott	Garden City R	50:14
93	E Kimber	Barnet	50:23
94	S Allen	Royston Runners	50:35
95	T Gillings	Dacorum & T	50:39
96	C Antoniou	Barnet	50:41
97	M Saggars	Ware Joggers	50:47
98	R Douglas-Browne	Watford Harriers	51:08
99	M Hall	Royston Runners	51:12
100	S Johnson	Ware Joggers	51:23
101	M Wrottesley	St Albans Striders	51:32
102	R Powell	Shaftesbury BH	51:50
103	D Beasley	Herts Ph	52:02
104	T Cory	Watford Harriers	52:06
105	S Ind	Garden City H	52:15
106	J Neville	Barnet	52:22
107	P Keeble	Fairlands VS	52:23

108	J Franklin	N Herts RR	52:24
109	K Brammer	Garden City R	52:52
110	T Allen	Garden City R	53:00
111	R Boyce	Watford Harriers	53:11
112	K Morris	St Albans Striders	53:15
113	J Brooks	St Albans Striders	53:17
114	T Bedford	Royston Runners	53:34
115	I Sharp	N Herts RR	53:47
116	D Pond	Fairlands VS	54:17
117	J Cooper	Dacorum & T	54:39

118	S Allen	Barnet	54:49
119	R Devitt	Shaftesbury BH	55:03
120	M Clarke	Fairlands VS	55:26
121	S Alexander	St Albans Striders	56:41
122	T Wilson	Fairlands VS	57:56
123	J Butcher	Ware Joggers	59:04
124	P Dutton	Fairlands VS	60:17
125	J Nugent	Ware Joggers	63:59
126	V Scheuber	Stevenage & NH	67:10

Teams	1	Watford Harriers A	73
	2	Herts Phoenix A	152
	3	St Albans Striders A	170
	4	Dacorum & Tring	178
	5	Fairlands Valley Spartans A	187
	6	Garden City Runners A	252
	7	Watford Harriers B	293
	8	N Herts Road Runners	308
	9	Shaftesbury Barnet Harriers	364
	10	St Albans Striders B	433
	11	Fairlands Valley Spartans B	458
	12	Royston Runners	460
	13	Herts Phoenix B	475
	14	Garden City Runners B	523
	15	Ware Joggers	544

U20 MEN – 8000m

1	A Hodgkinson	St Albans Sch	25:38
2	G Mobbs	St Albans Sch	27:04
3	A Cracknell	Dacorum & T	27:43
4	R Dennes	Shaftesbury BH	28:18
5	C Saville	Herts Ph	28:25

6	N Mason	St Albans Sch	28:26
7	L Reynolds	Stevenage & NH	29:00
8	P Hammond	N Herts RR	29:03
9	I Cleaver	Herts Ph	29:13

Team	1	St Albans School	9
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U17 MEN – 6000m

1	S Hall	Shaftesbury BH	20:45
2	D Hall	St Albans Sch	21:47
3	R Franzese	Harrow	21:58
4	J Morris	St Albans Sch	22:16
5	P Yeomans	Watford H	22:25
6	M Tarpey	Herts Ph	22:33
7	M Grant	St Albans Sch	22:51
8	M Ross	Enfield & H	22:57
9	R Eastwood	Dacorum & T	23:24

10	C Yeomans	Watford H	23:50
11	P Lipman	Shaftesbury BH	23:50
12	J Gundry	St Albans Sch	23:53
13	D Poulton	Stevenage & NH	24:13
14	K Brown	St Albans Sch	24:44
15	A Horton	Barnet	24:47
16	D Edwards	Shaftesbury BH	25:09
17	R Boulton	Harlow RC	25:32

Teams	1	St Albans School	13
	2	Shaftesbury Barnet Harriers	28

U15 BOYS – 4500m

1	J Pepper	Enfield & H	20:47
2	A Dombe	Watford H	22:06
3	M Stichbury	Shaftesbury BH	22:09
4	A Booth	Shaftesbury BH	22:21
5	A O'Neill	Enfield & H	22:23
6	J Newman	St Albans Sch	22:40

7	B Speed	Watford H	22:50
8	J Sharp	St Albans Sch	22:54
9	A Willicomb	Enfield & H	22:54
10	T McKechnie	Stevenage & NH	23:14
11	G Wilson	Dacorum & T	23:21
12	R McPhee	Shaftesbury BH	23:27

13	A Gardner	Dacorum & T	23:45
14	C Vidgen	Herts Ph	23:53
15	G Boddy	St Albans Sch	24:18
16	J Weston	Shaftesbury BH	24:19
17	R Lang	Dacorum & T	24:49
18	E Pyzer Knapp	St Albans Sch	25:03
19	D Tarrant	Harrow	25:06
20	T Kelly	Stevenage & NH	25:20
21	T Roberts	Stevenage & NH	25:35
22	A Bennett	St Albans Sch	25:52

23	D Thompson	Herts Ph	26:01
24	R Horlock	Enfield & H	26:07
25	A Pickles	St Albans Sch	26:41
26	D Pontin	St Albans Sch	27:41
27	S Constable	Stevenage & NH	27:49
28	M Withers	St Albans AC	28:00
29	C Dalton	Watford H	30:22
30	A Aliousalah	St Albans AC	32:58
31	J Stroud	St Albans AC	32:58

Teams	1	Enfield & Haringey	15
	2	Shaftesbury Barnet Harriers	19
	3	St Albans School A	29
	4	Watford Harriers	38
	5	Dacorum & Tring	41
	6	Stevenage & N Herts	51
	7	St Albans School B	65
	8	St Albans AC	89

U13 BOYS – 3000m

1	A Carter	Watford H	11:27
2	L Webb	Enfield & H	11:50
3	D Edmee	Enfield & H	11:53
4	P Townsend	Herts Ph	12:09
5	J Hall	Shaftesbury BH	12:14
6	J McCaig	Shaftesbury BH	12:24
7	N Fordham	Shaftesbury BH	12:40
8	M Bailey	Watford H	12:42
9	R van Tromp	Watford H	12:52
10	K McKechnie	Stevenage & NH	12:54
11	W Poulton	Watford H	13:01
12	J Clark	Bedford	13:06
13	S Pollen	Stevenage & NH	13:10
14	P Warner	Harrow	13:11
15	L Owide	Harrow	13:28

16	C Graham	St Albans Sch	13:38
17	J Goddard	Barnet	13:45
18	O Randall	Barnet	13:57
19	J Elgy	St Albans Sch	13:57
20	A Steed	Watford H	14:14
21	A Reynolds	Stevenage & NH	14:22
22	C Reed	St Albans Sch	14:34
23	S Smith	St Albans Sch	14:36
24	N Crowley	Fairlands VS	15:11
25	J Doran	St Albans AC	15:37
26	D Hudson	St Albans AC	15:47
27	P Lockett	Harrow	15:58
28	S Williams	St Albans AC	15:59
29	C Howard-Starr	St Albans AC	16:02
30	J Lloyd-Jones	Watford H	17:03

Teams	1	Shaftesbury Barnet Harriers	18
	2	Watford Harriers A	18
	3	Stevenage & N Herts	44
	4	Harrow AC	56
	5	St Albans School	57
	6	Watford Harriers B	61
	7	St Albans AC	79

U11 BOYS – 1600m

1	N Fleming	Barnet	4:56
2	B Johnston	Shaftesbury BH	5:06
3	O Saunders	Harrow	5:21
4	J Walsh	Barnet	5:25
5	A Veitch	Herts Ph	5:27
6	C Hobson	Herts Ph	5:30
7	J McCormick	Shaftesbury BH	5:35

8	R Badrick	Stevenage & NH	5:45
9	M Gergio	Shaftesbury BH	5:54
10	L Chilton	Barnet	6:09
11	A Horwich	St Albans AC	6:19
12	R McDonald	Shaftesbury BH	6:43
13	N Higham	St Albans AC	6:49
14	M Kos	Shaftesbury BH	6:53

Teams	1	Barnet & District	15
	2	Shaftesbury Barnet Harriers	18

SENIOR WOMEN – 8000m

1	S Morris	Bedford	27:03
2	R Felton	Shaftesbury BH	28:34
3	S Stanmore	Shaftesbury BH	29:50
4	V Quincey	Dacorum & T	30:51
5	A Yorwerth	St Albans Striders	31:06
6	C Willer	Watford Harriers	31:37
7	K Woods	Barnet	31:42
8	S Tophill	Fairlands VS	31:46
9	C de Maria	Leeds	32:12
10	A Klein	N Herts RR	32:24
11	H Hoyle	Barnet	32:35
12	K Bradley	Barnet	32:42
13	S Guest	St Albans Striders	32:43
14	M Hall	Garden City R	32:57
15	L Wall	St Albans Striders	33:20
16	P Livesey	St Albans Striders	33:35
17	S Millac	St Albans Striders	33:39
18	K Worrall	Biggleswade	33:44
19	S Fitt	Garden City R	33:47
20	M Winters	N Herts RR	33:57
21	J Pomphrey	St Albans Striders	34:06
22	J Perry	Fairlands VS	34:25
23	M Livingstone	Garden City R	34:38
24	C Pardoe	Garden City R	35:14
25	K Medlicott	Garden City R	35:18
26	C Mooney	St Albans Striders	35:27
27	L Roberts	Garden City R	35:42

28	Y Jones	Herts Ph	35:52
29	S Crow	N Herts RR	35:55
30	W Johnson	Garden City R	36:00
31	L Dutton	Fairlands VS	36:10
32	B Pullan	St Albans Striders	36:20
33	K Faloon	Barnet	36:27
34	K Ind	Garden City R	37:13
35	J Allen	Garden City R	37:46
36	P Wilson	Fairlands VS	37:56
37	G McFarlane	Fairlands VS	38:25
38	J Gristwood	Ware Joggers	38:32
39	G Bassett	Garden City R	39:14
40	R Hawkins	N Herts RR	39:35
41	S London	Garden City R	39:45
42	S Crowley	Fairlands VS	40:51
43	M Cotter	Garden City R	41:09
44	G Holdsworth	Garden City R	42:12
45	A Priestley	N Herts RR	42:20
46	A Wilcox	Fairlands VS	42:53
47	D Pitman	Barnet	42:57
48	L Deakin	N Herts RR	43:00
49	L Thomas	Fairlands VS	43:29
50	D Playford	Garden City R	44:10
51	M De Maria	Fairlands VS	44:13
52	C Scott	Barnet	44:25
53	E Draper	Garden City R	44:47

Teams	1	St Albans Striders	49
	2	Barnet & District	63
	3	Garden City Runners A	77
	4	Fairlands Valley Spartans A	97
	5	N Herts Road Runners	99
	6	Garden City Runners B	106
	7	Fairlands Valley Spartans B	174

U20 WOMEN – 6000m

1	V Webster	Shaftesbury BH	23:05
2	C Wilkinson	Shaftesbury BH	23:17
3	J Wright	Shaftesbury BH	23:57
4	E Hall	Herts Ph	27:20
5	R Meerabox	Watford H	27:52

6	K Harding	Dacorum & T	28:25
7	H Ellis	Stevenage & NH	29:24
8	E Kemp	Stevenage & NH	30:27
9	H Browne	Dacorum & T	32:10

Team	1	Shaftesbury Barnet Harriers	6
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U17 WOMEN – 5000m

1	H Beard	Stevenage & NH	23:00
2	R Gibbs	Bedford	23:52
3	L Cunningham	Stevenage & NH	24:55
4	N Taylor	Herts Ph	26:00
5	K Bowen-La-	Watford H	28:06

	Grange		
6	P Horton	Barnet	28:21
7	H Wright	Dacorum & T	30:04
8	S Charman	Shaftesbury BH	33:58

U15 GIRLS – 4000m

1	S Waldron	Shaftesbury BH	15:18
2	S Bailey	Stevenage & NH	16:02
3	K Cooper	Stevenage & NH	16:09
4	T Muir	Herts Ph	16:23
5	E Gibbs	Bedford	16:29
6	A Godfrey	Dacorum & T	16:46
7	R Newstead	Stevenage & NH	17:05
8	Z Wray	Barnet	17:13
9	K Meerabox	Watford H	17:23
10	F Webb	Herts Ph	17:26
11	J McShane	Watford H	17:26
12	M Scheuber	Stevenage & NH	17:29

Teams	1	Stevenage & N Herts A	12
	2	Herts Phoenix	27
	3	Dacorum & Tring	41
	4	Stevenage & N Herts B	45
	5	Barnet & District	45

13	R Watt	Herts Phoenix	17:35
14	C Silva	Herts Phoenix	18:07
15	J Forde	Stevenage & NH	18:35
16	Z Dunning	Dacorum & T	18:58
17	K Henderson	Barnet	19:03
18	G Badrick	Stevenage & NH	19:08
19	C Burgess	Dacorum & T	19:31
20	N Wallis	Barnet	20:44
21	J Botwright	Dacorum & T	21:46
22	S Wright	Dacorum & T	22:04
23	J Adams	Stevenage & NH	27:38

U13 GIRLS – 3000m

1	L Yates	Shaftesbury BH	12:21
2	D Samuels	Stevenage & NH	12:40
3	C Simm	Herts Phoenix	12:56
4	H Barsby	Harrow	13:07
5	F Roberts	Dacorum & T	13:39
6	L Mawer	Luton	13:41
7	F Witney	Stevenage & NH	13:43
8	H Green	Watford H	13:55
9	P Hattom	Dacorum & T	14:05
10	S Clark	Bedford	14:23
11	E Prati	Barnet	14:34

Teams	1	Stevenage & N Herts	21
	2	Herts Phoenix	30
	3	Dacorum & Tring	30

12	S Pollen	Stevenage & NH	14:37
13	L Wake	Herts Phoenix	15:00
14	E Stevens	Herts Phoenix	15:03
15	B Jones	St Albans AC	15:05
16	E Conybeare	Dacorum & T	15:12
17	T Sarsfield	Barnet	15:39
18	H Bailey	Stevenage & NH	15:46
19	H Carman	Shaftesbury BH	15:50
20	R Hayden	Herts Phoenix	15:53
21	A Nicholls	Herts Phoenix	15:55
22	J Botright	Dacorum & T	15:55

U11 GIRLS – 1600m

1	L Nyman	Harrow	5:10
2	M Bentley	Shaftesbury BH	6:13
3	H Meerabox	Watford H	6:17
4	J Licht n/s	Shaftesbury BH	6:18

5	M Gordon n/s	Shaftesbury BH	6:45
6	N Mongan n/s	Shaftesbury BH	6:58
7	A Rice	Barnet	7:04